

Virginia System of Care Expansion & Sustainability Plan

Updated October 2018

Goals of Strategic Plan	Core Strategy I: Implementing Policy, Administrative and Regulatory Changes	Core Strategy II: Developing or Expanding Services and Supports Based on the System of Care Philosophy and Approach	Core Strategy III: Creating Financing Mechanisms	Core Strategy IV: Providing Training, Technical Assistance, and Coaching	Core Strategy V: Generating Support
	Sub-strategies:	Sub-strategies:	Sub-strategies:	Sub-strategies:	Sub-strategies:
<p>Goal 1: Develop Community-based Services and Supports Based on the SOC Philosophy</p>	<p>10-1-18 through 9-30-20: Explore with Department of Medical Assistance Services (DMAS) any potential Medicaid regulatory changes and/or waiver possibilities that could improve access and quality of community based services, particularly funding of Intensive Care Coordination (ICC).</p>	<p>Ongoing: Department of Behavioral Health and Developmental Services (DBHDS) will review the regional System of Care (SOC) Strategic Plans on at least a biannual basis and report to the SOC Expansion Team for feedback to determine if these plans are meeting requirements to be dynamic documents to reflect progress and need for change.</p> <p>10-1-16 through 9-30-20: Sites funded through the first SAMHSA SOC Implementation grant will pilot the use of Family Support Partners (FSPs) outside of the High Fidelity Wraparound (HFW) process.</p> <p>Year 10-1-18 through 9-30-20: The SOC Expansion</p>	<p>10-1-18 through 9-30-20: Work with DMAS to determine areas for state plan changes or waiver possibilities that could support service development particularly evidence based practices to support ICC and the HFW approach. DMAS already funds peer support services for children and adults.</p> <p>10-1-18 through 9-30-20: Gather rate information to include coaching/supervision from localities that are implementing ICC/HFW to determine appropriate rate for financing ICC/HFW.</p> <p>10-1-18 through 9-30-20: SOC Expansion Centers will prepare for transitioning to</p>	<p>10-1-16 through 9-3-20: Funding through SOC Grant to provide scholarships to a minimum team of 10 representing all Virginia Health Planning Regions (HPRs) to attend a national TA Network Training opportunity annually.</p> <p>10-1-18 through 9-30-18: The SOC Expansion Advisory Team and the Virginia Family Network will advocate for and provide guidance on improved training opportunities for the families, youth, local Community Policy and Management Teams (CPMT) and Family Assessment and Planning Teams (FAPT) parent representatives</p>	<p>10-1-18 through 9-30-20: The SOC Regional Expansion sites will continue to implement, and update their social marketing plans to increase referrals to ICC/HFW and to promote the SOC Approach statewide.</p> <p>10-1-18 through 9-30-20: The Virginia Family Network (VFN) and Youth M.O.V.E. Virginia (YMV) will work with the regional SOC Steering Committees to establish family/youth engagement policy</p> <p>10-1-16 through 9-30-20: The Virginia Family Network will work with the regional SOC Steering Committees to engage, train, and identify families for membership on SOC Expansion Team and regional SOC Steering Committees.</p> <p>10-1-18 through 9-30-20: The SOC Regional Expansion Centers will continue to,</p>

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		<p>Advisory Team will continue to develop and implement goals and strategies to achieve family driven care statewide. 10-1-18 through 9-30-20: DBHDS Office of Child and Family Services will develop strategies to align the work of the grant with the DBHDS System Transformation Excellence and Performance (STEP) Virginia initiative.</p>	<p>the use of Children’s Services Act (CSA) dollars to finance ICC/HFW including coaching, supervision, and data collection. 10-1-18 through 9-30-20: The Virginia Family Network and Youth MOVE Virginia will develop strategies to sustain their work beyond grant funding. 10-1-18 through 9-30-20: DBHDS Office of Child and Family Services will work with Virginia Dept of Social Services (DSS) to implement the Family First Prevention Services Act, including the expansion of ICC/HFW with IV-E funding. 10-1-18 through 9-30-20: DBHDS will partner with state agency partners primarily Office of Children’s Services (OCS), DMAS, and DSS) to implement the strategic financing plan in the five HPRs.</p>	<p>on the topics of family/youth leadership and partnership.</p>	<p>implement and update plans to increase health equity and cultural competence statewide. Year 10-1-16 through 9-30-20: Youth M.O.V.E. Virginia will partner with the SOC Expansion Advisory team and SOC regional steering committees to implement the Youth Engagement strategic plan. 10-1-16 through 9-30-20: Regional SOC Expansion Centers will be required to include strategies in their strategic plans for increasing the use of natural supports through collaboration with community partners.</p>
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<p>Goal 2: Behavioral Health Workforce Development</p>			<p>10-1-16 through 9-30-20: Add System of Care funding to the existing Mental Health Block Grant and Substance Abuse Block Grant funding that has been budgeted to provide training to support the expansion of SOC statewide.</p>	<p>10-1-16 through 9-30-20: Creation and implementation of a SOC workforce development plan that includes training on trauma informed care and evidence based practices to address services to youth with the following conditions: serious emotional disturbance (SED), first psychosis, transition age youth and/or substance abuse. # of MH workforce trained will be collected and reported to SAMHSA.</p> <p>10-1-16 through 9-30-20: The Wraparound Center of Excellence (COE) will continue to develop and deliver live and electronic (e-learning) training for HFW workforce.</p> <p>10-1-16 through 9-30-20: The Wraparound COE will partner with the</p>	<p>10-1-18 through 9-30-20: The Virginia Family Network will provide youth, parent and professional training to focus on creating partnerships between youths, parents and professionals.</p> <p>10-1-18 through 9-30-20: The Wraparound COE and DBHDS will continue work on the launch and ongoing development of the SOC website.</p> <p>10-1-16 through 9-30-20: Engage the SOC Expansion Advisory Team, VFN and YMV to identify ways to increase access to families and youth with lived experience to increase the capacity of FSPs and Youth Support Partners (YSPs) in the workforce.</p> <p>10-1-19 through 9-30-20: At least one of the United Methodist Family Services grant sites (Region 1, 4, 5) will pilot Youth Support Partners.</p>
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				<p>Regional Task Leads to promote the use of HFW by developing and delivering training curriculum to local system partners. # of MH workforce trained will be collected and reported to SAMHSA.</p> <p>10-1-16 through 9-30-20: The Wraparound COE will continue to provide technical assistance to local CSA communities on the “hows,” “whys,” and “whats” of HFW and SOC.</p> <p>10-1-18 through 9-30-20: DBHDS will partner with OCS to develop and implement a plan for sustaining the Wraparound COE beyond grant funding and the development of a Care Management Entity for HFW accountability and training (Request for Proposals to public/private entities).</p> <p>10-1-18 through 9-30-20: Explore</p>	
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				ways for credentialed HFW/FSP coaches in each region of the state to assist with HFW skill development in their regions.	
Goal 3: Quality Improvement Methodologies, Data Mining and Management Improvements	<p>10-1-16 through 9-30-20: Statewide data and regional SOC Steering Team Reports will be shared with the SOC Expansion Team to inform policy or regulatory changes to promote SOC and Family Driven Care development statewide.</p> <p>10-1-17-9-30-20: WFI-EZ Data will be collected and reported to the regional Task Leads and the DBHDS Data Coordinator quarterly on all cases receiving HFW through the grant.</p> <p>10-1-16 through 9-30-20: Data for SAMHSA will be collected and reported quarterly on performance measures required by GPRA for systems and for services.</p> <p>10-1-18 through 9-30-20: To ensure consistency in the practice of HFW and fidelity to the model, DBHDS</p>	<p>10-1-16 through 9-30-20: Regional SOC Steering Committees will be required to establish strategies to involve family and youth membership and participation in the work of the committees, including evaluation components.</p>	<p>10-1-18 through 9-30-20: DBHDS will work with regional SOC Expansion Centers to identify ways to finance the Wraparound Fidelity Index-EZ (WFI-EZ) license once the SOC grant ends.</p>		<p>10-1-18 through 9-30-20: Partner with SOC regional expansion centers, DMAS and OCS to improve ways to collect data on the quality of Intensive Care Coordination/HFW and related services, particularly with regard to outcomes for youth and families.</p> <p>10-1-17 through 9-30-20: The regional SOC Expansion Centers will collect and report Child and Adolescent Needs and Strengths (CANS) data on all youth served through the grant as a method for determining outcomes.</p>

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	and OCFS will explore the possibility of licensing ICC/HFW with the Office of Licensing at DBHDS.				
Justification from Self Assessment Results	I-3a Developing interagency structures to set policy, guide, and support expansion of the SOC approach I-3c Cultivating strong interagency relationships and partnerships to coordinate and/or finance SOCs to support expansion of the SOC approach	II-1 Creating or expanding a broad range of home and community-based services and supports that are consistent with the SOC philosophy and approach to improve outcomes to support expansion of the SOC approach II-2 Creating or expanding an individualized, wraparound approach to service planning and delivery to support expansion of the SOC approach II-4 Creating or expanding care coordination approaches to support expansion of the SOC approach	III-2a Maximizing the use of federal SOC grants to develop infrastructure and/or services and to leverage other long-term funding to support expansion of the SOC Approach	IV-1 Providing ongoing training, technical assistance, and coaching on the SOC philosophy and approach to support expansion of the SOC approach	V-1a Establishing a strong family organization to support and be involved in expansion of the SOC approach (e.g., through funding, involvement at the system and policy levels, contracting for training and services) V-1b Establishing a strong youth organization to support and be involved in expansion of the SOC approach (e.g., through funding, involvement at the system and policy levels, contracting for training and services) V-2b Generating political and policy-level support for the SOC philosophy and approach among high-level administrators and policy makers at the local level for expansion of the SOC approach.

*Reference: Stroul, B., Dodge, J., Goldman, S., Rider, F., & Friedman, R. (2015). *Toolkit for Expanding the System of Care Approach*. Washington, DC: Georgetown University Center for Child and Human Development, National Technical Assistance Center for Children’s Mental Health.