

# System of Care (SOC) Expansion Team Meeting Minutes

March 13, 2018 1-4pm

Virginia Tech Richmond Center- 2810 N Parham Rd Suite #300 Richmond, VA

- **Introductions & Celebrations- 1-1:15pm**
- **Create Mission & Vision- 1:15-2:40pm**
  - Complete Directional Strategy Exercise
    - Responses from team regarding their thoughts on key components needed for our team’s mission statement

• Virginia is a model of coordinated collaborative agencies that all believe that families have the ability to drive the care for their children.
• A positive connection to the community
• Agencies working together so that families stay together. Families are able to meet the needs of their children.
• That all believe and support
• Developing youth leaders
• Families are thriving, they have the problem solving skills
• Helping families and youth meet their full potential
• Government and family partnership and team building approach
• Helping families and youth lead successful lives
• Hope, or inclusive, growth, transform, collaboration
• Help the family live through the process and learn self-efficacy
• Curious and learn from families and being flexible. We need to have a reciprocal relationship of learning and growth
• Do our policies and procedures reflect what we are talking about?
• Interacting with empathy in an non shaming and blaming
• Creating an environment of openness
• Acceptance
• Modeling resiliency

- Responses from team regarding their thoughts on key components needed for our team’s vision statement

• System Change
• Family/Youth Voice in policy/practice at all levels
• Sustainable outcomes
• Families and youth are drivers of change
• Hope
• Inclusive
• Accessibility

- |  |
|--|
| <ul style="list-style-type: none"><li>• <b>Shared responsibility between system and families</b></li></ul> |
| <ul style="list-style-type: none"><li>• <b>Families and Youth achieving their full potential</b></li></ul> |



- Review exercise and put mission & vision together using the key words that the group identifies

- Vision Statement developed by team:

**Our vision is to have shared responsibility and equal partnership between systems supports and families for youth and their self-identified families to achieve and sustain their defined full potential**

- Mission Statement developed by team:

**Our mission for the Systems of Care Expansion Team is to partner across systems in Virginia to ensure the provision of a spectrum of services that are community-based, strengths-focused, effective, culturally competent, family-driven/youth-guided, and individualized.**

- **Review Values Statements- 2:50-3:00pm**

- Values Statements completed using the values that the group shared during last expansion team meeting

- Add or change any values based on group feedback
- Group agreed w/ Values Statements with some suggestions following meeting; see attached draft of Value Statements including revisions suggested after the meeting
- Vision, Mission, and Values Statements will need to be reviewed by family and youth for possible revisions as well to ensure they are family friendly and align with their needs and values of family driven care

- **Determine General Structure of Expansion Team- 3-3:30pm**

- How will group determine decision making?

- Ex. Consensus-based, Robert's rules of order, etc.
  - Group agreed on consensus-based decision making w/ family and youth voice being equally important to any voice and their input and opinions being principal to driving decisions

- Team continued to share possible thoughts about meeting in evenings or weekends and will work on sending a survey and getting increased representation from family and youth to gauge thoughts on meeting accommodations

- Team also talked about other components of group structure needed for successful team strategy

- Having opportunities for extroverts and introverts to be able to share and to ensure that family and youth representatives feel comfortable sharing their input

- Parking lot for ideas
- Suggestion Cards

- Sending out survey to gauge family input for meeting times, formats
    - Virginia Family Network Advanced Parent Leadership could be good starting point for collecting family perspectives and responses
  - Exploring technology to overcome barriers to attending and participating in meeting like Blue Jeans, Video-conferencing meeting spaces, possibly purchasing web cam, Zoom
  - Developing elevator speech to help describe and define roles for families and youth to understand what the group is doing and how they can be involved
    - Defining Systems of Care, what is it?
  - Inventory internal team strengths
  - Making sure to get feedback from families and youth regarding the mission, vision, value statements, and what we've discussed as a team so far
- **Task Group Reports- Tabled for future strategic planning due to change in vision, mission, and needing to ensure that tasks, goals, and strategies are aligned and that family and youth provide input**
- **Group Discussion of Next Action Steps- 3:30-3:50pm**
  - DBHDS in partnership w/ grant sites will ensure that Family Leads and Family Support Partners are able to participate in the next expansion team meeting
  - DBHDS in partnership w/ Virginia Family Network will send out an evaluation form for our expansion team meeting
  - DBHDS and Virginia Family Network will send out a survey to the expansion team and possible family and youth representatives regarding internal strengths, expertise and experience, and for families what locations, times, and accommodations would assist in supporting them to participate in team
  - Expansion Team will discuss further planning around roles for families and youth as well as guidelines with the increased family and youth presence to ensure family friendly structure
  - Task Leads, Family Leads, and Family Support Partners will review the work done in this meeting to ensure that it aligns with the goals of family driven care and family engagement
- **Announcements**
  - Children's Mental Health Awareness Day- Saturday May 19<sup>th</sup>- 12-2pm
    - Located at Science Museum of Virginia (2500 W Broad St Richmond, VA) in the RF&P Forum
    - Eventbrite invite will be sent to expansion team

- Scheduling Next Meeting
  - Next meeting scheduled for April 11<sup>th</sup> from 1-4pm at the Virginia Tech Richmond Center- 2810 N Parham Rd Suite # 300 Richmond, VA 23294
  - Future dates and times will be decided upon with input from families and youth to encourage supportive accommodations that increases participation